



Mental Wellness Support Available

***Private & Discreet-
Watch for Bev Each Month to
touch base and learn more.***

Sept: 13th and 27th

Oct: 11th and 25th

Nov: 8th and 29th

Dec: 6th and 13th

(Atrium from 10am-2pm)

**DIAL 988 TO ACCESS
MENTAL HEALTH
CRISIS SERVICES 24/7**

**OR DIAL
1-800-273 TALK (8255)**