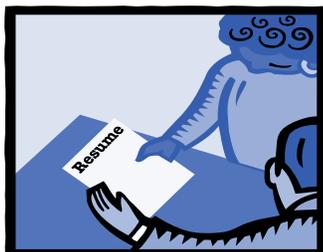


# What is the High School Career Coach Program?



Virginia Community Colleges High School Career Coaches are community college employees who are based in local high schools to help high school students to define their career aspirations and to recognize community college and other postsecondary programs, including apprenticeships and workforce training, that can help students achieve their educational and financial goals.

## Contact Information

**FAYE WILFONG, CAREER COACH**  
EMAIL: [cwilfong@es.vccs.edu](mailto:cwilfong@es.vccs.edu)

ARCADIA HIGH SCHOOL  
Tuesday and Thursday, 8:15am - 3:15pm  
Located in the Guidance Office  
757-824-5613

NORTHAMPTON HIGH SCHOOL  
Wednesday, 8:00am - 3:30pm  
Located in the Guidance Office  
757-678-5151

TANGIER COMBINED SCHOOL  
Limited services

**LORI SMITH, CAREER COACH**  
EMAIL: [ismith@es.vccs.edu](mailto:ismith@es.vccs.edu)

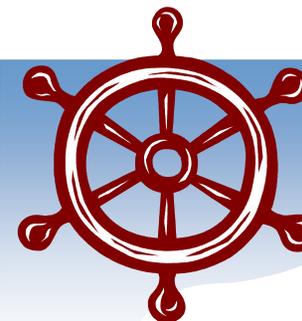
CHINCOTEAGUE HIGH SCHOOL  
Wednesday, 7:45am - 2:15pm  
Located in the Guidance Office  
757-336-6166

NANDUA HIGH SCHOOL  
Tuesday and Thursday, 8:00am - 3:00pm  
Located in the Vocational Office  
757-787-4522



29300 Lankford Highway  
Melfa, VA 23410

*ESCC does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Janet Justis, Dean of Learning Resources, 29300 Lankford Hwy., Melfa, VA 23410; 789.1723.*



# High School Career Coach Program

This program is provided by:



[www.vccs.edu](http://www.vccs.edu)

## What does a High School Career Coach do?

A high school career coach works in high schools with students to:

- Facilitate the development of individual career plans and portfolios
- Gather information on careers and career pathways
- Connect to early college programs such as dual enrollment
- Ease the transition from high school to postsecondary education, training, and the skilled workforce
- Make informed decisions about colleges and careers



## Who does a High School Career Coach serve?

A high school career coach works alongside guidance counselors to help:

### STUDENTS

- Create career plans and establish goals
- Obtain work-based learning experiences
- Identify sources for financial assistance
- Complete college applications

A high school career coach is also available to meet with **PARENTS** to provide information related to financial aid, college applications, workforce training options, and their child's educational and career plans.

A high school career coach works with **TEACHERS** to conduct career assessments and plan classroom presentations on topics such as resume and cover letter writing, interviewing skills, and occupational research.

## When to refer a student to a High School Career Coach?



Here are just a few reasons to refer a student to the services of a high school career coach...

### The Student:

- Is uncertain about what to do after high school
- Wants to explore options related to colleges and careers
- Would like to enroll in a career and technical education program and/or dual enrollment courses
- Wants to explore internship opportunities
- Wants help with resume writing and interviewing skills
- Would like to learn about financial aid resources
- Wants to apply to Eastern Shore Community College