

What is the High School Career Coach Program?

The objectives of the Virginia Community College System (VCCS) High School Career Coaches Program are to empower students to make informed decisions about their career and educational plans and to prepare students for success in postsecondary education and training.



vccs.edu

ESCC does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Janet Justis, Dean of Learning Resources, 29300 Lankford Hwy., Melfa, VA 23410; 789.1723

CAREER COACH

CONTACT INFORMATION

SUZIE HENDERSON

Email: shenderson@es.vccs.edu

Arcadia High School
Tuesday and Thursday, 8:00am - 3:00pm
Located in the Guidance Office
757-824-5613

Northampton High School
Wednesday and Friday, 8:00am - 3:30pm
Located in the CTE Building
757-678-5151 X4119

Tangier Combined School
Limited services

LORI SMITH

Email: lsmith@es.vccs.edu

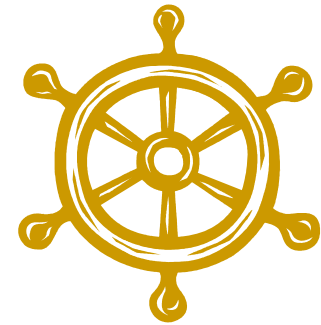
Chincoteague High School
Tuesday, 8:00am - 3:00pm
Located in the Guidance Office
757-336-6166

Nandua High School
Monday, Wednesday, Friday, &
Every other Thursday 8:30am - 3:30pm
Located in the Guidance Office
757-787-4514

es.vccs.edu

Eastern Shore Community College

High School Career Coach Program



“The best way to predict the future is to create it.”

Abraham Lincoln



WHAT DOES A HIGH SCHOOL CAREER COACH DO?

A high school career coach works in local high schools to:

- Facilitate the development of individual career plans and portfolios
- Gather information on careers and career pathways
- Make informed decisions about colleges and careers
- Connect to early college programs such as dual enrollment
- Ease the transition from high school to postsecondary education, training, and the skilled workforce
- Obtain work-based learning experiences
- Identify sources for financial assistance
- Complete college applications
- Assist parents, teachers, and guidance counselors



WHEN TO REFER A STUDENT TO A HIGH SCHOOL CAREER COACH?

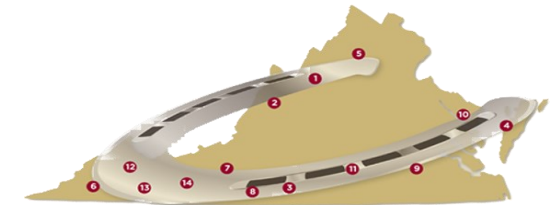
Here are just a few reasons to refer a student to a high school career coach:

- Is uncertain about what to do after high school
- Wants to explore options related to colleges and careers
- Would like to enroll in a career and technical education program and/or dual enrollment courses
- Wants to explore internship opportunities
- Wants help with resume/cover letter writing and interviewing skills
- Wants to apply to Eastern Shore Community College



The Virginia Foundation for Community College Education (VFCCE) has launched the Rural Virginia Horseshoe Initiative to transform Virginia's rural communities through higher education and 21st century job skills.

Drawing a line from Virginia's Eastern Shore westward across Southside to Southwest Virginia, and then up the Shenandoah Valley, you trace an arc that represents 75 percent of the Commonwealth's geography, where half million people have less than a high school education.



RVHI places full-time career coaches in high schools across rural Virginia; provides incentives to continue education and workforce preparation for GED recipients; and sustains and expands the availability of coaches, scholarships and mentoring.

vccs.edu/giving/rural-horseshoe-initiative